

Oxfordshire disability sports clubs directory



Sports clubs

In this section you will find sports clubs around Oxfordshire that offer a wide range of sporting activities for those with disabilities, Further information about the clubs and what they offer can be found on the club websites or on the Oxfordshire county council website here:

<https://fisd.oxfordshire.gov.uk/kb5/oxfordshire/directory/advice.page?id=Dgiz2OjUmnU>

<u>Club name</u>	<u>Contact details</u>	<u>Club information</u>	<u>Address</u>
OXS RAD	Website: https://www.oxsrad.org/ Phone: 01865 741336 Email: info@oxsrad.org	<ul style="list-style-type: none"> • Fully inclusive and accessible • Offers flexible membership options • Provides a wide range of activities including, Gym sessions, Boccia, Spin classes and Moto Med • Provides a wide range of facilities including a gym room, spin room and sensory room 	OXS RAD, Court Place Farm, Marsh Lane, Marston, Oxford, OX3 0NQ
KEEN Oxford	Website: https://www.keenoxford.org/ Phone: 07729 286 992 Email: keen@keenoxford.org Social media: @KEENOXford @LOVEinclusion Programme manager: Abi Owen	<ul style="list-style-type: none"> • Provides a wide range of fully accessible and inclusive classes. • A part of "Inclusive Oxfordshire" - A joint project involving organisations including Active Oxfordshire that is aiming to increase inclusivity and accessibility within Oxfordshire 	KEEN, St Clement's centre, Oxford OX4 1DA
All sorts (KEEN Oxford)	Website: https://www.keenoxford.org/ Phone: 07729 286 992	<ul style="list-style-type: none"> • Ages 4-25 • Participants engage in 	Autumn and spring terms:

	<p>Email: keen@keenoxford.org Social media: @KEENOxford @LOVEinclusion Programme manager: Abi Owen</p>	<p>3 activities ranging from traditional sports to more untraditional activities</p> <ul style="list-style-type: none"> • Sessions are led by experienced leaders who design each session to suit all abilities • Session times: Saturday afternoons 14:00 - 15:20 (ages 4-12) and 15:40 - 17:00 (ages 13-25) 	<p>Leys Pool and Leisure Centre, Pegasus Rd, OX4 6JL.</p> <p>Summer: New College Recreation Ground, OX1 3JA.</p>
Anjali Dance Company	<p>Website: http://www.anjali.co.uk/ Phone: 01295 251909 Email: info@anjali.co.uk</p>	<ul style="list-style-type: none"> • Delivers inclusive dance sessions for those with learning disabilities • Aims to challenge preconceptions about dance and those with learning disabilities by creating inclusive sessions and dance pieces • Offers membership options • Session times: 17:30-19:30 	<p>The factory, unit 2, Power Park, Station approach, Banbury OX16 5AB</p>
The Parasol Project	<p>Website: https://www.parasolproject.org/</p>	<ul style="list-style-type: none"> • Provides inclusive 	<p>Tower playbase,</p>

	<p>Phone: 01865 742861 Email: info@parasolproject.org</p>	<p>activities for those at risk of social exclusion</p> <ul style="list-style-type: none"> • Offers a wide range activities for different age groups • Provides activities including, but not limited to, Laser tag, Watersports, Dance and go karting. 	<p>Maltfield road, Northway, Oxford, OX3 9RG</p>
<p>Sailability</p>	<p>Website: https://www.oxfordsailing.club/ Email: oxfordsailability@gmail.com</p>	<ul style="list-style-type: none"> • Provides watersports sessions and training for those with learning and physical disabilities • Offers group and individual sessions • Provides sessions and training with a wide range of watersports including dinghies, sailing etc 	<p>Farmoor reservoir, Cumnor road, Farmoor, Oxford, OX2 9NS</p>
<p>Tennis for disabled children</p>	<p>Email: cd.hand@yahoo.com Phone: 07970 481707</p>	<ul style="list-style-type: none"> • Tennis sessions for children with special needs and disabilities • Led by a LTA coach and provides additional support 	<p>Vicarage Lane, Shrivenham, Oxon SN6 8DT</p>
<p>Active 8 fundamentals</p>	<p>Email: cmurphy@kaacademy.org</p>	<ul style="list-style-type: none"> • A multi skills sports 	<p>King Alfred's</p>

	Phone: 01235 225702	<p>club providing a wide range of activities</p> <ul style="list-style-type: none"> • Children with any disability from ages 10-16 • Also provides a trampoline club for ages 7-18 	School, East Site Hall, Springfield Rd, Wantage Charlton OX12 8ET
Inclusive football	Email: leisureandtourism@westoxon.gov.uk Phone: 01993 861080	<ul style="list-style-type: none"> • Inclusive football sessions for ages 12-16 • Sessions run on saturday mornings and are led by FA coaches 	Carterton Artificial Turf Pitches, Upavon Way, Carterton, Oxon OX18 1BU
Let's play project	Website: https://letsplaybanbury.org/ Email: info@letsplaybanbury.org Phone: 01295 263694	<ul style="list-style-type: none"> • Provides play and leisure opportunities for children with additional needs • Runs after school and in the school holidays • Open to ages 5-18 	School Lane, Banbury Grimsbury and Castle, Banbury OX16 2EG
Inclusive Cricket Coaching	Phone: 07778 331564 01993 771560 Contacts: Mark Hubbert & Dave Mayers	<ul style="list-style-type: none"> • Provides inclusive cricket sessions for those with special needs and disabilities 	Wash Meadow Ground, Old Minster Lovell, Minster Lovell, Witney OX29 0RN

<p>Access sport</p>	<p>Website: https://www.accesssport.org.uk/social-inclusion-in-oxford Email: info@accesssport.co.uk Phone: 0207 993 9883</p>	<ul style="list-style-type: none"> ● Provides local sporting opportunities for young people with disabilities ● Also helps to improve local clubs to increase accessibility and inclusivity. 	<p>Activities take place at a range of different sports clubs around Oxfordshire</p>
<p>Oxford Eagles wheelchair basketball</p>	<p>Twitter: @OxfordEagles</p>	<ul style="list-style-type: none"> ● A local wheelchair basketball club for able-bodied and disabled participants ● Now linked with Abingdon Eagles wheelchair basketball club 	<p>Abingdon & Witney College (AWC) - Abingdon Campus, Wootton Rd, Abingdon OX14 1GG</p> <p>King Alfred's Academy (West Site) (KA's) - Challow Road, Wantage, OX12 9DU</p>

Social Groups

In this section you will find a range of different social groups that offer a variety of services for all age ranges, the services provided vary from Nightclubs to Junior social groups, all aimed at increasing inclusivity and accessibility for those with disabilities.

Club name	Contact details	Club information	Address
<p>KEEN Teens (KEEN Oxford)</p>	<p>Website: https://www.keenoxford.org/ Phone: 07729 286 992 Email: keen@keenoxford.org Social media: @KEENOXford @LOVEinclusion Programme manager: Abi Owen</p>	<ul style="list-style-type: none"> ● Aimed at teenagers ● Provides activities such as, baking, science experiments and different challenges ● Provides One-to-One support ● Aims to boost independence and social skills. ● Sessions run on a monday evening from 18:00-19:00 	<p>St Clements centre, Cross Street, Oxford, OX4 1DA</p> <p>Occasionally sessions may take place in the local park or other local</p>
<p>Zig-Zag (KEEN Oxford)</p>	<p>Website: https://www.keenoxford.org/ Phone: 07729 286 992 Email: keen@keenoxford.org Social media: @KEENOXford @LOVEinclusion Programme manager: Abi Owen</p>	<ul style="list-style-type: none"> ● Provides weekly performing arts sessions for those with disabilities. ● Sessions include a mix of, Dance, Music, Arts and crafts, and Games ● Each new term focuses on a new theme. 	<p>St Clements centre, Cross Street, Oxford, OX4 1DA</p>

		<ul style="list-style-type: none"> • Aimed at ages 4-11 • Provides One-to-One personalised support • Sessions run on a thursday evening from 17:30 - 18:30 	
INK Oxford (KEEN Oxford)	<p>Website: https://www.keenoxford.org/ Phone: 07729 286 992 Email: keen@keenoxford.org Social media: @KEENOXford @LOVEinclusion Programme manager: Abi Owen</p>	<ul style="list-style-type: none"> • Provides inclusive creative art workshops • Over 18s only • Sessions run on Friday mornings from 09:00-12:00 	<p>St Clements centre, Cross Street, Oxford, OX4 1DA</p>
GrEAT social (KEEN Oxford)	<p>Website: https://www.keenoxford.org/ Phone: 07729 286 992 Email: keen@keenoxford.org Social media: @KEENOXford @LOVEinclusion Programme manager: Abi Owen</p>	<ul style="list-style-type: none"> • Inclusive social club for over 18s • Provides a range of activities including, pub quizzes, park picnics and games nights • Activities are designed around a set theme • Provides a comfortable and inclusive environment for adults with special 	<p>St Clements centre, Cross Street, Oxford, OX4 1DA</p> <p>Occasionally sessions may take place at the local pub, park and other local attractions</p>

		<p>needs and disabilities.</p> <ul style="list-style-type: none"> • Aims to build confidence and encourage independence • Sessions run on Monday evenings from 19:40-21:30 	
Stingray Nightclub	<p>Website: https://www.mylifemychoice.org.uk/ Email: yazz@mylifemychoice.org.uk</p>	<ul style="list-style-type: none"> • Provides an inclusive and accessible nightclub for those with special needs and disabilities • Provides a friendly inclusive atmosphere to encourage independence, social skills and to also help people avoid social exclusion. • Takes place on the first tuesday of every month from 18:30 - 21:30 	The Spirit Bar, 13 Park End Street, Oxford, OX1 1HH
PHAB	<p>Website: https://www.phab.org.uk/ Email: info@phab.org.uk</p>	<ul style="list-style-type: none"> • Provides a number of different 	Wesley Memorial Methodist Church,

	<p>Phone: 020 8667 9443 Oxford Email: mary@oxfordphab.org.uk Oxford phone: 01865 721 294</p>	<p>individual and group activities including, sports, crafts, visits to local attractions etc</p> <ul style="list-style-type: none"> • Inspires and supports those with special needs and disabilities to take part in activities and be part of a community • Provides support to help the growth of social skills and prevent social exclusion 	<p>New Inn Hall Street, Oxford OX1 2DH Mary Lines</p>
<p>Fuse youth club Didcot</p>	<p>Phone: 01235 812332</p>	<ul style="list-style-type: none"> • An inclusive youth group for those with special needs and disabilities • Provides a wide range of inclusive and fun activities • Sessions run on Tuesdays from 16:15-19:30 	<p>118 Broadway, Didcot OX11 8AB</p>
<p>Buddies youth group</p>	<p>Phone: 01869 252905 07827 937252 Email: michelle.gracias@barnardos.org.uk</p>	<ul style="list-style-type: none"> • An inclusive youth club for those with special needs and 	<p>Abingdon Youth & Community Centre, Stratton</p>

		<ul style="list-style-type: none"> disabilities • Provides a range of different activities and outings • For ages 11-17 • Sessions run on wednesday evenings from 19:00-21:00 	Way, Abingdon OX14 3RG
Guideposts trust	Website: https://guideposts.org.uk/services/area/oxfordshire/ Phone: 01993 893560 Email: info@guideposts.org.uk	<ul style="list-style-type: none"> • Provides friendship matching and fun activities for those with special needs • Provides a range of different activities including, dig n grow, forest school. • Session times vary depending on where and what activity is taking place. 	Activities take place at different venues around oxfordshire ranging from social centres to local parks and other local attractions
Yellow submarine	Website: https://www.yellowsubmarine.org.uk/ Email: hello@yellowsubmarine.org.uk Phone: 07890 087168 07979 151975	<ul style="list-style-type: none"> • Offers holiday clubs and residential trips for those with special needs and disabilities • For ages 11-18 an extensive 	Oxford hub, office & cafe: 12 Park End Street, OX1 1HH

		<p>programme is run over the school holidays with a breakfast club programme, youth clubs and residential trips.</p> <ul style="list-style-type: none"> • For ages 18 and over the group runs residential trips, work experience programmes and a weekly social club 	
Courtenders youth club	<p>Email: kim.richardson@oxfordshire.gov.uk Phone: 01865 328470</p>	<ul style="list-style-type: none"> • An inclusive youth club for young people with additional needs 	01865 328470